

Ganesh Vandanam

Vakra Tunda Maha Kaaya
Soorya koti Samaprabha
Nirvighnam Kurumey Deva
Sarva Kaaryeshu Sarvadha

*Oh lord with a curved trunk and a mighty body !
Thy radiance is equal to the effulgence of a million Suns |
Please remove our obstacles
and grant success in all our righteous deeds always, Oh Lord!*

Guru Vandanam

Gurur Brahma, Gurur Vishnu,
Gurur Devo Maheshwarah.
Gurur Saakshaat Para Brahmaa
Tasmai Ssri Gurave Namah

*Guru is Brahma, Guru is Vishnu,
Guru is Maheshwara (Shiva).
Guru is Supreme Brahman itself
Prostration unto that Guru.*

The Gayathri Mantra

Om Bhur Bhuvah Suvah
Tat Savitur Varenyam
Bhargo Devasya Dheemahi
Dhiyo Yo nah Prachodayat
Om Shanti Shanti Shanti

*We meditate on
that Supreme effulgence of the radiant Being,
The indwelling and controller and Director of all things
May he stimulate our intellect entirely (to realise the Truth)
Peace Peace Peace.*

Sai Gayathri

Om Saayeeshvaraaya Vidhmahe
Sathya Dhevaaya Dheemahi
Thannah Sarvah Prachodayaat

*We meditate on Sai as supreme Divinity incarnate
We meditate on him as God of Truth,
May this Almighty lead us in the path of total Liberation.*

Morning Prayer

Kara Aagre Vasathe Lakshmi
Kara Madhye Saraswathi
Karamoole sthithe Gauri
Prabhate Kara Darshanam

*At the tips of our fingers resides Mother Lakshmi
At the centre of the palm resides Mother Saraswathi
At the end of the palm stand Mother Gauri(Shakthi)
Morning I have the Darshan of them in my palms.*

Food Prayer

Brahmaarpanam Bramahavir *The act of offering is Brahman, The offering made of ghee etc. is Brahman*

Brahmanaagnau Brahmanaahutham *Given by the Brahman to the sacred ritual fire, which is Brahman.*

Brahmaivadena Ganthavyam *The one who does all acts with his mind completely immersed in Brahman*

Brahma Karma Samaadhinaa *finally reaches Brahman*

Aham Vaishvaanaro Bhootva *I (God) becoming the fire of life*

Praaninaam Deham Aashritah *With upward and downward breaths in all living beings*

Praanapaana Samaayuktah *I (God) digest the food*

Pachamy Annam /chaturvidam *taken by four ways*

Night Prayer

Kara Charana Kritam Vaak Kaayajam Karma Jam Vaa

Sravana Nayana Jam Vaa Maanasam Vaa Paraadham

Vihitama Vihitam Vaa Sarvametaad Ksamasva

Jaya Jaya Karunaapdhe Sri Prabhu Sai Naatha

Night prayer for forgiveness of sins done knowingly and unknowingly by the SENSES of perception and of action. Addressed to Bhagavan Sri Sathya Sai Baba who destroys darkness.

Universal Vedic Prayer

Asatho Maa Sad Gamaya, *From the unreal, lead me to the Real,*

Thamaso Maa Jyothir Gamaya *From darkness lead me to light*

Mruthyor Maa Amrutham Gamaya *From death lead me to immortality*

Om Shanthi Shanthi Shanthih *Peace Peace Peace*

Shanthi Mantra

Samastha Lokaah Sukhino Bhavantu

Samastha Lokaah Sukhino Bhavantu

Samastha Lokaah Sukhino Bhavantu

Om Shanthi Shanthi Shanthih

May All the Beings in All the world be in Peace and Goodwill

